



Guidelines for the viewing of the documentary Trauma stories



Disclaimer:

Please note that the content of this documentary is sensitive and can be triggering for both families and professionals who have experienced trauma.

Ensure that there is always support for the parents before, during and after the presentation and discussion. Support can be provided, for example, by a social worker.

Always provide enough time for post-documentary discussion . We recommend a minimum of 25 minutes or longer when possible.



WHY

This documentary was created to create awareness and educate health professionals to the trauma that complex care families experience when taking care of medically complex children. This documentary can be presented to health professionals in both hospital and community settings.



WHO/HOW

This documentary should be presented to frontline staff in both hospitals and in the community.

We recommend this ensuing discussion is led by a panel of two or more parents of children with medical complex needs. We also recommend to have a pool of parents that would be comfortable to do this well in advance.



Here are some guiding/reflection questions for the audience to think about in the post documentary discussion:

1. What resonated with you?
2. What are the signs of a parent being triggered by post medical trauma?
3. Have you worked with parents who have experienced medical trauma?
4. What are the triggers that you have witnessed?
5. How do you think that this documentary and discussion can inform your practice with families who have experienced medical trauma? Would you do anything differently?



Parents are also invited to share simple advice that they would give a health-care provider when working with a parent experiencing trauma.

Please discuss the importance of respecting the confidentiality of the parents in the panel and the sensitivity of sharing the documentary via social media.



Click here to see our PTSD one pager for more information

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This project is funded in part by the Government of Canada's
Social Development Partnerships Program - Children and Families Component.

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